55mm

55mm

Scan this QR code to download the latest version of this manual and view presentation and support videos.

Attx Fit Touch 5
User Manual

PRODUCT OVERVIEW

HOW TO TURN ON/OFF THE WATCH

To watch automatically turn on when it is charging or long press on the ON/OFF button to turn it on. You can also select "Power off" from the "Settings" of Android or Iphone or the ON/OFF button to turn it off.

HOW TO USE THE TOUCH SCREEN

Swipe up, down, left or right on the screen to navigate the different screens and menus. Tap on an icon to open the relevant app or function. Swipe right or press the ON/OFF button to shutdown or return to the main menu.

HOW TO CHANGE THE WRISTBAND

CHARGE YOUR ABFX FIT TOUCH 5

Please put only the charging supplied on the charger to make sure you have the right charging area. You can use any standard USB port to connect your charger. It is recommended to use a USB port on a PC or laptop. Alternatively, you can use your smartphone. When ready to charge, lay the charge drawer gently towards you, so the pins touch the charging connectors.

TECH SPECS

Battery: Li polymer 230 240 mAh
Charging time: 2-3 hours
Bluetooth: bluetooth 5.0 BLE
Chipset: Nordic 52832
Alarm: 5
Alarms of frequency: 24H,1Weekday
Vibration motor: Yes, Vibration motor
Screen: Touch screen, 240 x 240 x 32mm
Weight: 35g

PAIRING YOUR ABFX FIT TOUCH 5

Ensure your watch and your phone are within range and turn on the ABFX FIT CONNECT application downloaded. You can only pair the watch using the app. Follow the instructions below to pair your watch with your phone:

1. Make sure your watch is charged and turned on.
2. Open the ABFX FIT CONNECT application and go to the "My Watch" tab.
3. Select your watch from the list and confirm.
4. Your watch is now paired to your phone and ready to be synced.

Troubleshooting: If your watch does not pair or connect, ensure that the ABFX FIT CONNECT app is up to date and that Bluetooth is enabled on your phone. Restarting both devices can resolve connection issues. If the watch does not appear in the app, check your watch's battery level and ensure it is within range of your phone.

HOW TO UNPAIR

1. Open the ABFX FIT CONNECT application.
2. Go to "My Watch".
3. Select "Unpair" on the bottom of the page and confirm.
4. Your watch will be unpaired and ready to be paired with other devices.
Your watch is now unpaired.

HOW TO RECONNECT YOUR ABFX FIT TOUCH 5

To reconnect the watch, make sure it is forgot your watch on the bluetooth settings of your phone and follow the pairing instructions above.

SCREEN SAVER

MANAGE NOTIFICATIONS & PERMISSIONS

Enable notifications on iOS
You can choose which notifications you receive on your Attx Fit Touch 5. To enable notifications on iOS devices, go to "Settings" > "Notifications" > "Bluetooth". Here, you can select how you wish to receive notifications by turning the toggle on for your watch.

Display notifications on your watch
Ensure that your watch is set to display the contents of the notifications you must an. To do this, go to "Settings" > "Notifications" > "Show Content" and select "Always" to ensure full content visibility. Alternatively, choose "When Unlocked" if you prefer to only view the content when your watch is unlocked.

Enable call notifications on iOS
1. Open your phone settings and go to the notifications section.
2. Scroll down to the app section and enable notifications for Contacts, WhatsApp, Phone and Messages.

**Enable call notifications on Android